

Eating In The Light Of The Moon: How Women Can Transform Their Relationship With Food Through Myths, Metaphors, And Storytelling

By Anita A. Johnston PhD.

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Anita Johnston a psychologist We are passionate about using women's circles for healing struggles with food, eating, *Eating in the Light of the Moon*,

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Eating in the light of the moon - rebecca bitzer

So, I spent an enjoyable Friday at a seminar/workshop at the University of Richmond led by Anita Johnston, author of Eating in the Light of the Moon.

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